

HAPPINESS SCHOOL

The Success Path



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What is the success path?

The Success Path is our road map. It takes us from yearning to create a deeply Authentic Life/Garden to the steps needed to prepare the soil, choose our perfect seeds, plant, raise and nurture them, harvest our bounty and get nourished by it, and finally re-seed our gifts and share them with the world.

“ **Life does not have to be hard. It can be deliciously sweet.** ”

LAURA LAVGINE

The Phases:



**Weeding & Preparing
The Garden Bed**



Choosing Your Seeds



**Planting & Nurturing
Your Garden**



**Harvesting Your
Bounty**



**Re-seed and Sharing
Your Gifts**

Phase 1:



Weeding and preparing the garden bed

You want to plant your perfect Life and are ready to part with the things and fear-based thoughts that get in the way of growing your best, most authentic, conflict-free garden.

Milestones:

Your physical spaces become less cluttered.
Your mind becomes more peaceful and more spacious.
Your calendar becomes more fulfilling and joyful.
Your boundaries are clearer.

Phase 2:



Choosing Your Seeds

You have made room in your Life and are now ready to get to know yourself and your Core Essences intimately in order to choose the perfect seeds to plant in your garden.

Milestones:

You start to "speak Essence" more and more naturally.
You have begun to identify your Core Essences.
Your life is feeling gradually more Authentic and rich.

Phase 3:



Planting and Nurturing Your Garden

You are excited to nurture your newly planted seeds so that they may grow strong, joyfully resilient roots. You are learning boundaries, powerful and effective tools, and starting to connect with a sense of Magic.

Milestones:

Synchronicity and magic show up in your life.
You are feeling more Trust in the flow of your days.
You are manifesting regularly.
You notice and delight in your ability to co-create with the universe.

Phase 4:



Harvesting Your Bounty

You are feeling increasingly more peaceful, the waves of Life affect you less often and you bounce back from them quickly. Your Life is starting to feel like a great fit, and you are aware of being supported by the Universe. You are experiencing a steady sense of Abundance, Gratitude and Joy. You are Dancing with Life's Magic.

Milestones:

You are feeling and more present and loving it. You are confident in your ability to navigate most challenges. Gratitude is a regular part of your life, effortlessly.

Phase 5:



Re-seeding and Sharing Your Gifts

Your belief in a Friendly Universe is strong. You are living authentically, and are now ready to share your Gift to the World. You wake up in the morning with a quiet sense of joyful anticipation for the day ahead, experience and share Joy throughout the day, and go to bed at night with a peaceful sense of Completion. Life is deliciously sweet.

“ **YOU** are a
Gift. Please
share it.

LAURA LAVIGNE

